



## Start your digital Journey to Employment with an avatar!

Log into a secure online platform from your home or a local access point.

## Your Journey to Employment will help you to

- 1. Build confidence as you develop within a supportive and encouraging environment.
- 2. Gain useful skills including social communication, peer mentoring and leadership.
- 3. Access interactive online workshops on topics of interest to you.
- 4. Participate in an online social job club with support from peers.

## **Interested in Technology - Gaming - Developing new skills?**

- Learn and develop your skills for work
- Improve your health and wellbeing
- Increase your confidence to deal with people and new situations
- Explore your creativity

## Get closer to employment... Sign up for a initial online taster session.

Speak to your Specialist Health and Disability Coach.

www.autus.org.uk/projects





